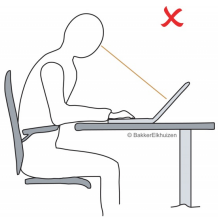
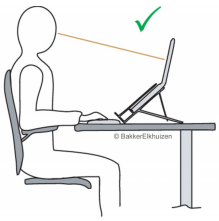
Portable, aluminum design notebook stand

Ergo-Q 260

me first
ERGONOMIE IM BÜRO





5 different height settings: height range at back: 9-21 cm

Patented, integrated inline document holder: increases data input speed

Ultra mobile: Only 390 g, 7 mm thickness, fits in any notebook case

High quality: Hylite aluminum, rubber anti-slip feet, protective foam inside

Easy laptop set-up: pivotable document holder

Suitable: for all laptops up to 15.6 inch

Specifications

Dimensions:	230 x 7 x 310 mm (W x D x H)
Weight:	390 g
Product code:	BNEQ260

Research
Recent scientific studies in the Netherlands and Sweden have shown that working with an Ergo-Q notebook stand in combination with an external keyboard results in: 17% increased productivity, 21% increased comfort and 32% decreased neck torque (Lindblad 2003).

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1. Your ergonomic workplace

2. Simple to set up

3. Two versions

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Health & Safety Regulations
By European legislation, employers are obliged to take proper measurements to prevent physical discomfort among their employees. Separate from the screen the keyboard needs to have the ability to both tilt and move freely to allow a comfortable working position thus avoiding fatigue in the arms and hands. In addition one must be able to increase the height of the screen by placing a support underneath the monitor. The document holder should be stable, adjustable, and positioned so as to minimize uncomfortable head and eye movements. These guidelines do not only apply to desktop computers but also to laptop computer stations.

www.me-first.ch - info@me-first.ch

BAKKER ELKHUIZEN