

me first
ERGONOMIE IM BÜRO

 **BAKKER ELKHUIZEN**

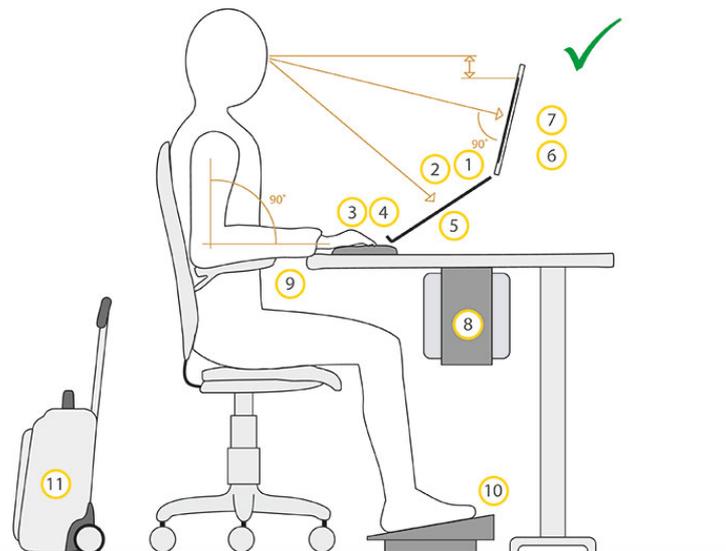
Work Smart - Feel Good

Intro page



BakkerElkhuizen is a specialist in designing ergonomic solutions. As such a specialist, people are our special focus and our products satisfy high demands in the field of user-friendliness, functionality and design. The R&D department reasons based on the 4 workstation concepts for a fixed, mobile, flex and home workstation. For each workstation situation, we offer the right solution and the right product.

- 1 Notebook Stands
- 2 Tableholders
- 3 Keyboards
- 4 Mice
- 5 Document Holders
- 6 Monitor Stands
- 7 Monitor Arms
- 8 CPU Holders
- 9 Arms & Wrist supports
- 10 Footrests
- 11 Notebook Cases



BakkerElkhuizen products:

- People stand central: optimum functionality and comfort
- Satisfy the highest quality requirements
- Fully comply with (working conditions) legislation
- Solutions for all types of workstation
- Have unique, patented features
- Are sustainable and make more efficient work possible
- Innovative and award-winning design
- Contribute demonstrably to health, comfort and productivity



Work Smart - Feel Good

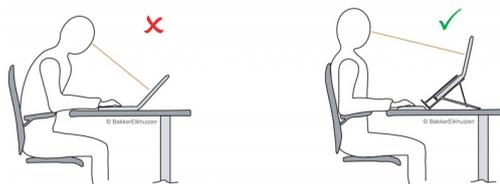


Notebook Stands

Laptop holders raise the screen of the laptop and reduce the viewing distance. This places much less stress on one's neck, and one can work much more comfortably.

Laptop holders with a document holder also increase productivity. BakkerElkhuizen laptop holders increase productivity by 17%, reduce stress on the neck by 32% and result in 21% more comfort.*

* Lindblad et al., 2004



BakkerElkhuizen UltraStand



- Unique:** the thinnest and lightest notebook stand
- Made-to-measure:** fits every type of laptop (if desired also tailored to docking stations).
- Ergonomic:** laptop screen always at the right height
- Convenience:** create a mobile workstation in no time at all
- Portable:** acts as second skin to one's laptop, so very portable

Product code: BNEUS**



BakkerElkhuizen Ergo-Q 260



- 5 different height settings:** height range at back: 9-21 cm
- Patented, integrated inline document holder:** increases data input speed
- Ultra mobile:** Only 390 g, 7 mm thickness, fits in any notebook case
- High quality:** Hylite aluminum, rubber anti-slip feet, protective foam inside
- Easy laptop set-up:** pivotable document holder
- Suitable:** for all laptops up to 15.6 inch

Dimensions: 230 x 310 x 7 mm ()
 Product code: BNEQ260



Notebook Stands

Keyboards

Mouse Pads & Wrist Rests

Monitor Stands

CPU Holders

Notebook Cases

Tablet holders

Ergonomic mice

Document Holders

Monitor Arms

Footrests

BakkerElkhuizen Ergo-Q 260 12 inch



4 different height settings: height range at back: 10-15 cm
Patented, integrated inline document holder: increases data input speed
Ultra mobile: Only 240 g, 6 mm thickness, fits in any notebook case
High quality: Hylite aluminum, rubber anti-slip feet, protective foam inside
Easy laptop set-up: pivotable document holder
Suitable: 12 inch Laptops

Dimensions: 185 x 244 x 6 mm ()
 Product code: BNEQ26012



BakkerElkhuizen Ergo-Q 330



6 different height settings: height range at back: 11-19 cm
Easy laptop set-up: built in (patented) document holder is pivotable
Lightweight: completely foldable, fits in any notebook case
Material: ABS plastic and protective rubber feet.
Award winning design: Ergonomics Excellence Award
Suitable: for all laptops up to 17 inch

Dimensions: 228 x 310 x 13 mm ()
 Product code: BNEQ330



BakkerElkhuizen Ergo-T 340



Ideal: for office use, "hot desking" and home offices
Fully equipped: height adjustable (range at back: 9-26 cm) and includes a built-in document holder, a swivel base, cable management and laptop cooling sleeves
Port Replicator Module PRM340: a unique, universal facility that allows you to pre-connect any port replicator (docking station) to the Ergo-T340
Unique device: secures Ergo-T 340 and all connected accessories with just one cable lock
Suitable: for all laptops up to 17 inch (min. laptop depth: 20 cm)

Dimensions: 325 x 310 x 85 mm ()
 Product code: BNET340



BakkerElkhuizen Q-note 350



7 height settings: height range at back 11 - 23 cm
Transparent: clear acrylic design
Suitable: for notebooks from 14"-20"
Cable management: clip on backside
Material: clear acrylic

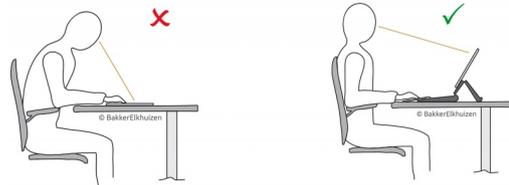
Dimensions: 350 x 280 x 120 mm ()
 Product code: BNEQNOTE350

Tablet holders



A good tablet holder places the tablet higher and at an angle that improves both the neck posture and the viewing angle. If the tablet is often used for typing, use a separate keyboard and mouse if possible.

The TabletRiser enables you to adjust your tablet to any conceivable position and gives you room to take your favourite compact keyboard with you. The TabletRiser does not interfere with the position of your keyboard, so you can use your tablet longer and more productively.



BakkerElkhuizen TabletRiser



- Healthy:** enables users to work ergonomically and effectively with a tablet and a keyboard that can be placed in any position
 - Universal:** for all kinds of tablets from 9.7 to 10.5 inch (max size tablet: 320 x 195 mm)
 - Unique:** adjust the tablet to the proper angle and the right height
 - Convenient:** the tablet can be rotated 360 degrees and is easy to remove
 - Mobile:** perfect for working on the go, at home, or at the office
 - Safe:** your tablet is also safely stowed in the case
 - Design:** a stylish design made of anodized aluminum
- Dimensions: 230 x 326 x 40 mm ()
 Product code: BNETR

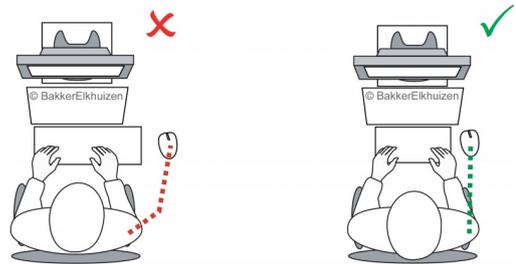


Keyboards



Compact keyboards reduce the reach to the mouse and thereby also reduce stress on the forearms. Research has shown that about 90% of users never or only sometimes use the numerical part of the keyboard.* The numerical part should ideally be optional and usable either on the left or right. Compact keyboards are experienced as more comfortable than standard keyboards.**

* Cakir, 2008
 ** Van Lingen et al., 2003



BakkerElkhuizen S-board 840 Design USB



Handy: Comes with multimedia keys and 2 USB ports (USB hub)
Optimal layout: extra wide space-bar and user-friendly positioned arrow keys
Mobile: only 2 cm thick and lightweight
Ergonomic: pleasurable typing feeling (scissor mechanism instead of membranes)
 Can be extended with a complementary numeric keyboard (number pad)
Lay-outs: US, UK, DE, BE, FR, SwGe and more

Dimensions: 305 x 165 x 20 mm ()
 Product code: BNES840DUS (Multiple versions)



BakkerElkhuizen S-board 840 Design Numeric



Design fits: with the S-board 840 compact keyboard
Including: hand-held calculator functionality
Smart: extendable USB cable
Quality: comfortable typing (shear mechanism instead of membranes)
Unique: 26 different keys on one number pad
Connection: USB

Dimensions: 95 x 165 x 21.5 mm ()
 Product code: BNES840DNUM



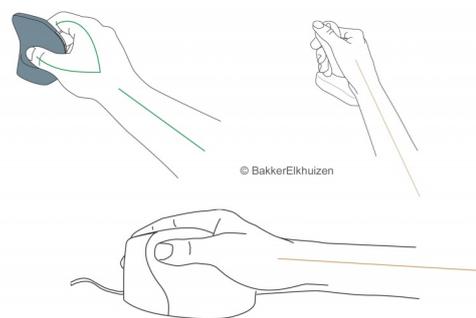
Ergonomic mice



By using a compact keyboard, one can place one's mouse closer to one's body, which puts less strain on one's neck and shoulders. Unnatural postures when using one's mouse form a risk factor for the occurrence of complaints in one's wrists and forearms.

Ergonomic mouse devices reduce muscle tension in comparison with standard flat mouse devices and are much more comfortable.

Which type of ergonomic mouse is the most suitable depends on the type of work, any complaints and personal preferences.



Evoluent4



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting

Precise: true optical resolution sensor moves the pointer quickly to reduce hand movements, with short habituation time

Version 4 improved shape: better thumb and finger support

Version 4 convenient adjustment: of pointer speed

Small version available: for hands less than about 7 inches or 178mm long from the tip of the middle finger to the wrist crease (BNEEVR4S)

Cable length: 215 cm

Dimensions: 86 x 106 x 81 mm ()
 Product code: BNEEVR4 (Righthanded)
 BNEEVL4 (Left-handed)



Evoluent4 Wireless



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting

Precise: true optical resolution sensor moves the pointer quickly to reduce hand movements, with short habituation time

Version 4 improved shape: better thumb and finger support

Version 4 convenient adjustment: of pointer speed

BNEEVR4S: Evoluent4 Small Wireless version available

Dimensions: 86 x 106 x 81 mm ()
 Product code: BNEEVR4W



BakkerElkhuizen Evoluent Mouse C Wireless



Ergonomic: reduces the angle between wrist and hand for a more ergonomically responsible position.
Esthetic: modern design with a luxurious look
Improved: less convex shape fits the palm better
Design: longer buttons for a better grip
Convenient: an integrated solution for immediately adjusting cursor speed
Accurate: the Evoluent C provides speed and excellent accuracy

Dimensions: 90 x 119 x 80 mm ()
 Product code: BNEEVRCW (Silver Blue)
 BNEEVRCWG (Light Gold)

Evoluent4 Right Small



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting
Precise: true optical resolution sensor moves the pointer quickly to reduce hand movements
Unique: short habituation time
Version 4 improved shape: better thumb and finger support
Version 4 convenient adjustment: of pointer speed
Small version: for hands less than about 7 inches or 178mm long from the tip of the middle finger to the wrist crease

Dimensions: 79 x 101 x 74 mm ()
 Product code: BNEEVR4S



Evoluent4 Small Wireless



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting
Small version: for hands less than about 7 inches or 178mm long from the tip of the middle finger to the wrist crease
Unique: short habituation time
Version 4 improved shape: better thumb and finger support
Version 4 convenient adjustment: of pointer speed

Dimensions: 79 x 101 x 74 mm ()
 Product code: BNEEVR4SW



BakkerElkhuizen Evoluent C



Ergonomic: reduces the angle between wrist and hand for a more ergonomically responsible position.
Esthetic: modern design with a luxurious look
Improved: less convex shape fits the palm better
Design: longer buttons for a better grip
Convenient: an integrated solution for immediately adjusting cursor speed
Accurate: the Evoluent C provides speed and excellent accuracy

Dimensions: 90 x 119 x 80 mm ()
 Product code: BNEEVC

Evolut4 Right Bluetooth



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting

Precise: true optical resolution sensor moves the pointer quickly to reduce hand movements, with short habituation time

Version 4 improved shape: better thumb and finger support

Version 4 convenient adjustment: of pointer speed

Bluetooth: More freedom without use of USB hub

Dimensions: 86 x 106 x 81 mm ()

Product code: BNEEVR4WB



Evolut Standard Right



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting

Basic functions: 3 buttons, a scroll wheel and fixed DPI setting

Unique: short habituation time

Plug and Play: no driver installation needed

Cable length: 215 cm

Dimensions: 86 x 106 x 81 mm ()

Product code: BNEEVS



Evolut3 Right



Ergonomic: supports your hand in a fully upright neutral handshake position that eliminates forearm twisting

Precise: true optical resolution sensor moves the pointer quickly to reduce hand movements

Unique: short habituation time

Smart: 5 programmable buttons

Adjust speed: true optical hardware resolution

Connection: USB (Cable length:200 cm)

Left hand version: See Evolut4 (BNEEVL4)

Dimensions: 114 x 79 x 83 mm ()

Product code: BNEEVR



DXT Precision Mouse



Ergonomic: relaxed, neutral wrist and hand position

Productive: "precision" grip for very accurate navigation

Unique: button instantly switches between right-handed or left-handed use

Universal design: suitable for both larger and smaller hands

Convenience: easy to use, recognizable pen grip, 4 dpi settings

Mobile: most compact "ergonomic" mouse

Connection: USB

Cable length: 1.97 m

Dimensions: 45 x 56 x 81 mm ()

Product code: BNEDXT



- Notebook Stands
- Keyboards
- Mouse Pads & Wrist Rests
- Monitor Stands
- CPU Holders
- Notebook Cases
- Tablet holders
- Ergonomic mice**
- Document Holders
- Monitor Arms
- Footrests

HandShoeMouse



Ergonomics: mouse that fits like a glove
Comfort: low muscle tension due to relaxed fingers and wrist posture
4 right handed versions: distance wrist to top of ring finger: up to 150 mm: Extra Small, 150- 170 mm: Small, 170 - 190 mm: Medium and 190 -210 mm: Large
3 left handed versions: distance wrist to top of ring finger: up to 170 mm: Small, 170 - 190 mm: Medium and 190 -210 mm: Large
Technology: BlueRay Track sensor for optimal tracking
Note: also available in a wireless design

Product code: BNEP170R (Multiple versions)

HandShoeMouse Wireless



Ergonomics: mouse that fits like a glove
Comfort: low muscle tension due to relaxed fingers and wrist posture
Six versions: right and left-handed and 3 sizes: distance wrist to top of ring finger: up to 170 mm: Small, 170 - 190 mm: Medium and 190 -210 mm: Large
Handy: 2 buttons at an ergonomic position and a scroll wheel
Technology: BlueRay Track sensor for optimal tracking

Product code: BNEP170RW (Multiple versions)

Mousetrapper Advance



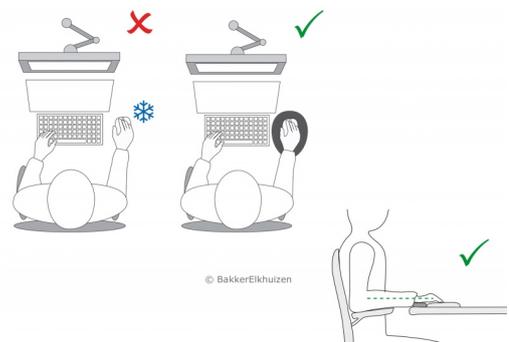
Alternating: allows working alternately with the right and left hand
Buttons: the MouseTrapper Advance has 5 buttons
Navigation: 8-cm-wide roller pad
Design: sleek design
Wrist support: large soft surface
Connection: USB
Cable length: 175 cm

Dimensions: 480 x 115 x 28 mm ()
 Product code: BNEMSTA



Mouse Pads & Wrist Rests

When working with a keyboard and mouse it is important that the arm is sufficiently supported. This can be done by using a good armrest on the desk chair or a separate armrest. An armrest reduces muscle tension in one's arm and shoulder and promotes comfort. A wrist support helps to keep the wrist straight during typing and can be used 'to rest' for a moment during one's work.



BakkerElkhuizen The Egg Ergo Mouse Pad



- Unique design:** the Egg-form follows the natural mousing pattern
- Hygienic:** antibacterial surface
- Comfortable:** thermal-insulating top surface keeps your hand warm, prevents complaints
- Productive:** smooth surface provides accurate mouse control
- Eco:** recycled material

Dimensions: 230 x 2 x 300 mm ()
 Product code: BNEEMP



BakkerElkhuizen Trapezium Wrist Rest Compact



- Unique design:** Trapezium form follows the natural arm and wrist position
- Hygienic:** antibacterial technology
- Comfortable:** soft and firm cushioning gel supports wrists
- Ergonomic:** keeps your wrist in line with hand and arm
- Size:** 33cm wide is ideal for compact keyboard (also 49cm wide for full-size keyboards available)
- Eco:** recycled material

Dimensions: 330 x 80 x 13 mm ()
 Product code: BNETWRC



[Notebook Stands](#)[Keyboards](#)[Mouse Pads & Wrist Rests](#)[Monitor Stands](#)[CPU Holders](#)[Notebook Cases](#)[Tablet holders](#)[Ergonomic mice](#)[Document Holders](#)[Monitor Arms](#)[Footrests](#)

BakkerElkhuizen Trapezium Wrist Rest Standard



Unique design: Trapezium form follows the natural arm and wrist position

Hygienic: antibacterial technology

Comfortable: soft and firm cushioning gel supports wrists

Ergonomic: keeps your wrist in line with hand and arm

Size: 49 cm wide is ideal for full-size keyboards (33 cm wide for compact keyboards also available)

Eco: recycled material

Dimensions: 490 x 80 x 15 mm ()

Product code: BNETWRS



Forearm Support



Ergonomic: supports the arms and helps reduce muscular strain in the neck and shoulders

Symmetrical: extra wide arm support so that the arms are supported both during typing and when using a mouse

Simple mounting: bracket on the desk top (drilling not required) and two adjusting screws so that the support can be adjusted to the thickness of the desk top (between 10 and 35 mm)

Covering: Lycra

Dimensions: 560 x 220 x 25 mm ()

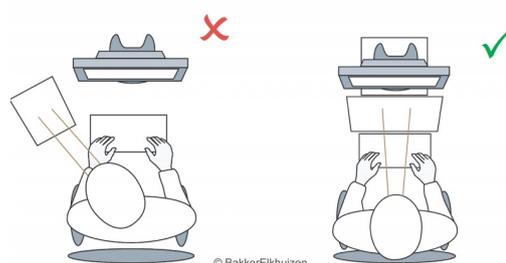
Product code: BNEUASS



Document Holders

Document holders ensure that one can use documents efficiently and comfortably while working on the computer. Documents are often placed to one's left or right causing unnecessary strain on one's neck.

An "in-line" document holder provides one functional working surface, realises short viewing distances between the document, screen and keyboard and thereby increases productivity.



BakkerElkhuizen Q-doc 515



Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements

Ergonomic: decreases neck pain, eye strain and discomfort and increases data input speed

Height adjustable: 7 positions (12° - 46°) for best viewing angle and alignment to the screen (12 till 24 cm at the back)

Solid: supports all kinds of document, even heavy files

Handy: allows full-size keyboard to be stored, space under front side: 43mm

Material: Clear acrylic

Dimensions: 515 x 290 x 120 mm ()

Product code: BNEQDOC515



BakkerElkhuizen Q-doc 515 Satin



Non-reflective: frosted acrylic

Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements.

Height adjustability (7 positions from 12° - 46°) for best viewing angle and alignment to the screen (12 till 24 cm at the back)

Solid: supports all kinds of document, even heavy files

Handy: allows full-size keyboards to be stored, space under front side: 43 mm.

Dimensions: 515 x 290 x 120 mm ()

Product code: BNEQDOC515s



BakkerElkhuizen FlexDesk 640



Multifunctional: document holder and writing slope, working simultaneously with documents and computer

High quality: satin work surface, easy gliding rails, cabin for pencils, rigid (5 mm thickness acrylic)

Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements

Height adjustable (115 - 175 mm): good alignment to the screen

Handy: allows full-size keyboards to be stored, space under front side: 55 mm

Dimensions: 515 x 380 x 110 mm ()

Product code: BNEFDESK640



BakkerElkhuizen Q-doc 415



Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements

Ergonomic: decreases neck pain, eye strain and discomfort and increases data input speed

Height adjustable: 7 positions (12° - 46°) for best viewing angle and alignment to the screen (12 till 24 cm at the back)

Solid: supports all kinds of document, even heavy files

Handy: allows compact keyboards to be stored, space under frontside: 45 mm

Material: Clear acrylic
Dimensions: 390 x 275 x 115 mm ()

Product code: BNEQDOC415



BakkerElkhuizen Q-doc 415 Satin



Non-reflective: frosted acrylic

Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements.

Height adjustability (7 positions from 12° - 46°) for best viewing angle and alignment to the screen (12 till 24 cm at the back)

Solid: supports all kinds of document, even heavy files

Handy: allows compact keyboards to be stored.

Space under front side: 45 mm

Material: satin acrylic (frosted)

Dimensions: 390 x 275 x 115 mm ()

Product code: BNEQDOC415s



BakkerElkhuizen Q-doc 400



Ergonomic: decreases neck pain, eye strain and discomfort and increases data input speed

Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements

Document holder with different angles: 6 positions space (height range at back: 12-24 cm)

multifunctional: suitable for both office and "flex" workstations

Smart: lightweight, completely foldable

Material: Aluminium sandwich material (Hylite)

Dimensions: 370 x 280 x 27 mm ()

Product code: BNEQDOC400



Notebook Stands

Keyboards

Mouse Pads & Wrist Rests

Monitor Stands

CPU Holders

Notebook Cases

Tablet holders

Ergonomic mice

Document Holders

Monitor Arms

Footrests

BakkerElkhuizen FlexDoc Cristal Clear



Ergonomic: decreases neck pain, eye strain and discomfort and increases data input speed

Creates an in-line workstation: document holder is placed between screen and keyboard, that prevents undue head and neck movements

Multifunctional: suitable for both office and "flex" workstations

Dimensions:

384 x 260 x 70 mm ()

Product code:

BNEFDCC



Monitor Stands



An optimum monitor position works a lot more comfortably and increases productivity by 10% in comparison with an incorrect position.* Too low placement of the monitor can result in more stress on one's neck muscles. Too high placement (the upper edge must certainly not be higher than eye height) can likewise cause problems.

Perhaps more important is the adjustability of the depth to ensure an optimum viewing distance at all times. This means that information shown on the screen can be read more easily and that there is less strain on the eyes.

* Sommerich et al., 1998



BakkerElkhuizen Q-riser 90



Fixed height: 9 cm
Suitable: for flatscreen monitors
Cable management: integrated
Material: clear acrylic
Maximum weight: 15 kg.

Dimensions: 380 x 200 x 95 mm ()
 Product code: BNEQR90

BakkerElkhuizen Q-riser 100



Fixed height: 10 cm
Suitable: for both flatscreen and CRT monitors
Smart: space to clear a full-size keyboard
Cable management: integrated
Material: clear acrylic
Maximum weight: 25 kg.

Dimensions: 310 x 280 x 105 mm ()
 Product code: BNEQR100

Notebook Stands

Keyboards

Mouse Pads & Wrist Rests

Monitor Stands

CPU Holders

Notebook Cases

Tablet holders

Ergonomic mice

Document Holders

Monitor Arms

Footrests

BakkerElkhuizen Q-riser 130



Five possible height settings: optimal viewing angle (6-8-10-12-14 cm)

Smart: storage facility underneath the monitor

Cable management: integrated cable holder

Complies with legal requirements for healthy desktop computing

Suitable: for flatscreen monitors

Material: clear acrylic

Maximum weight: 25 kg.

Dimensions: 310 x 265 x 60 mm ()

Product code: BNEQR130

BakkerElkhuizen Q-riser 140



Five possible height settings: optimal viewing angle (6-8-10-12-14 cm)

Smart: storage facility underneath the monitor

Cable management: integrated cable holder

Complies with legal requirements for healthy desktop computing

Suitable: for both flatscreen and CRT monitors

Material: clear acrylic

Maximum weight: 25 kg.

Dimensions: 370 x 300 x 60 mm ()

Product code: BNEQR140

BakkerElkhuizen Q-deskmanager 150



5 height positions: 9-10-12-14-16 cm

Smart: storage space underneath monitor

Cable management: integrated cableholder

Extra: holder for PDA, mobile phone, i-pod or calculator

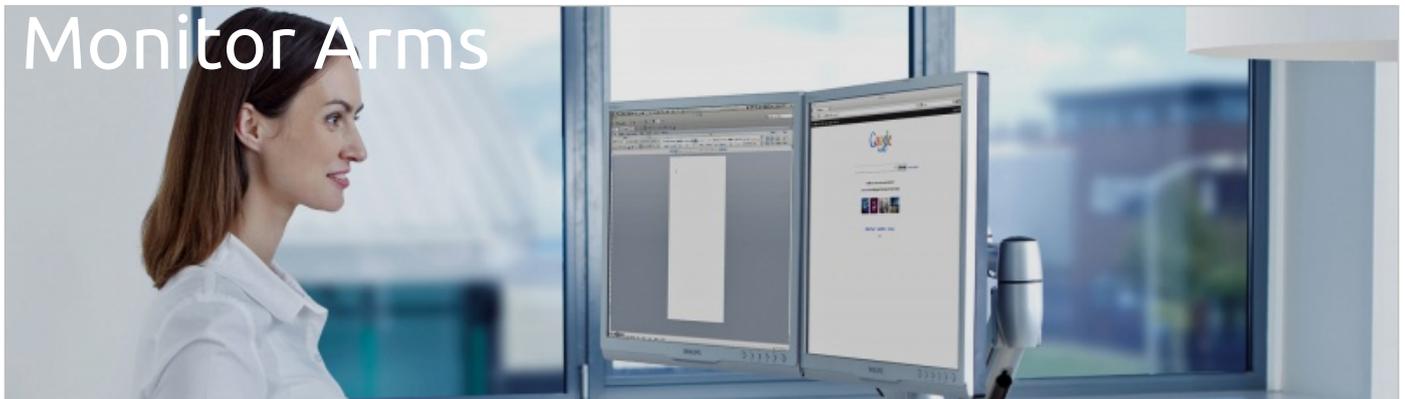
Complies with legal requirements for healthy desktop computing

Suitable: for flatscreen monitors

Maximum weight: 25 kg.

Dimensions: 310 x 330 x 90 mm ()

Product code: BNEQDM150

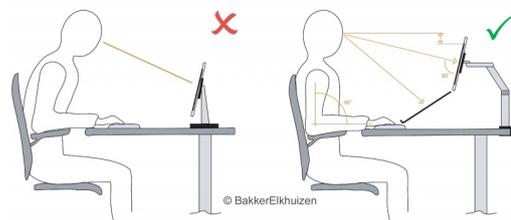


Monitor Arms

An optimum monitor position works a lot more comfortably and increases productivity by 10% in comparison with an incorrect position.* Too low placement of the monitor can result in more stress on one's neck muscles. Too high placement (the upper edge must certainly not be higher than eye height) can likewise cause problems.

Perhaps more important is the adjustability of the depth to ensure an optimum viewing distance at all times. This means that information shown on the screen can be read more easily and that there is less strain on the eyes.

* Sommerich et al., 1998



Space-arm



Multi-purpose: Can be mounted to virtually any horizontal or vertical surface, including most office furniture panel systems.

Ergonomic: Single motion five axis position adjustment.

Quality: High-pressure die-cast aluminum construction, Thermo-fused polyester finish

Universal: compatible VESA 75/100, Clamp-range up to 100 mm thickness, Bolt through (Grommet) up to 60 mm thickness

Carrying capacity: 1-4kg, 2,25-7,5 kg. and 7-14kg (stronger gasspring possible)

Dimensions:

521 x 65 x 464 mm ()

Product code:

BNESP (Multiple versions)

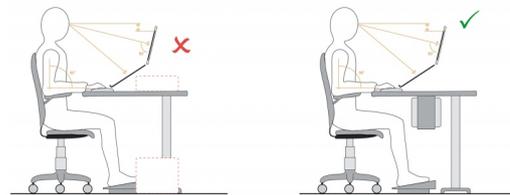


CPU Holders



A PC (desktop computer) on a desk (under the monitor) takes up a lot of space. People often place their PC under the desk on the ground. However, this increases the risk of dust getting into the PC and it gets in the way when cleaning under the desk.

A CPU holder allows one to hang the PC under the desk. This saves space and makes it easier to clean the workstation.



© BakkerElkhuizen

Fix



Space-saving: creates more desk space

Protection: Keeping the CPU off the Floor, preventing damage due to cleaning or stray feet

Easily accessible: accessing power on/off switches, CDs and USB ports

Clean: away from dust and easier for vacuuming around the desk

Size: maximum circumference 150 cm

Dimensions: 350 x 152 x 87 mm ()

Product code: BNECPUFIXR (Slide Rotate)

BNECPUFIX (Basic)

Universal QC



Space-saving: creates more desk space

Protection: Keeps the CPU off the Floor, preventing damage due to cleaning or stray feet

Easily accessible: accessing power on/off switches, CDs and USB ports

Clean: away from dust and easier for vacuuming around the desk

One Size Fits All: applicable for both desktop as for thin clients PCs

Adjustment range:: 40-125(width) x 225-435 (height) mm

Dimensions: 273 x 155 x 105 mm ()

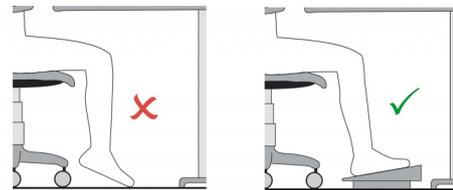
Product code: BNECPUQC



If while maintaining a normal sitting position one's feet do not rest on the ground, footrests can yet provide for a healthy working posture.

The adjustable range, the angle and a wear-resistant support surface are important aspects in this regard.

In addition, a footrest is sometimes used as a step-up aid when one works on a high desk chair, e.g. at a reception desk.



© BakkerElkhuizen

Basic 950



Ergonomic: Height adjustable (30-195 mm) and adjustable angle provides stable support for the feet

Comfortable: contoured foot platform to minimize slip

Setting up with: Hand

Adjustable range: 30-195 mm

Dimensions: 420 x 320 x 50 mm ()

Product code: BNEFRB950

Basic 952



Ergonomic: Height adjustable (60-270 mm) and adjustable angle provides stable support for the feet

Comfortable: contoured foot platform to minimize slip (420x315 mm)

Setting up with: foot

Dimensions: 420 x 320 x 80 mm ()

Product code: BNEFRB952



Notebook Stands

Keyboards

Mouse Pads & Wrist Rests

Monitor Stands

CPU Holders

Notebook Cases

Tablet holders

Ergonomic mice

Document Holders

Monitor Arms

Footrests

Footform Standard Low



"Standard Low" version: height adjustable 4 to 17 cm (BNEFFSL)

Ergonomic: steady, safe and has anti-slip layer

Handy: with the red button easy height adjustable

Dimensions: 450 x 390 x 430 mm ()

Product code: BNEFFSL

Footform Dual



"Dual" version: height adjustable 4 to 30 cm (BNEFFD)

Ergonomic: steady, safe and has anti-slip layer

Handy: with the red button easy height adjustable

Dimensions: 450 x 390 x 430 mm ()

Product code: BNEFFD



- Notebook Stands
- Keyboards
- Mouse Pads & Wrist Rests
- Monitor Stands
- CPU Holders
- Notebook Cases
- Tablet holders
- Ergonomic mice
- Document Holders
- Monitor Arms
- Footrests

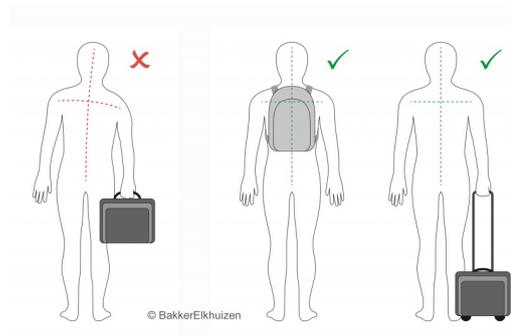


Notebook Cases

Ergonomic experts do not recommend carrying loads heavier than 4 to 6.4 kg by hand, depending on the distance, frequency and one's sex*.

A bag containing a laptop and other content generally weighs between 4 and 7 kilos. A trolley or rucksack is a good solution if one has to carry this load often and over a fair distance.

* Mital et al., 1993



Laptop trolley TR15



Ergonomic: telescopic arm (max. 98cm) means that you can transport your laptop and accessories easily thus avoiding back issues.

Top design: smart and professional, suitable till 15.6" laptops and I-pad 10.1"

Shock-absorbing foam parts for optimum laptop protection

Lightweight, hard-wearing handle and large wheels

Organized and efficient: a place for everything easily accessible storage compartments for travel documents and CDs.

Dimensions: 450 x 240 x 390 mm ()

Product code: BNETR15



BakkerElkhuizen ErgoTraveller



Ergonomic: open your laptop bag quickly and easily, position your screen at a comfortable height and go straight to work on your laptop.

Portable: start working on your laptop quickly and easily - in the train, hotel lobby, airplane, etc.

Comfortable: keeps your legs cool for using a laptop comfortably on your lap.

Carry-on: perfect for customs checks because the laptop doesn't have to be taken out of its bag.

Great design: exceptionally sleek design made for laptops up to 15.6 inches.

Dimensions: 391 x 64 x 374 mm ()

Product code: BNEET



me first
ERGONOMIE IM BÜRO

Me-First.ch GmbH

Hardturmstrasse 135

8005 Zürich

tel. 0800 0800 00

fax. 043 540 84 49

www.me-first.ch

info@me-first.ch